

# Sacha Inchi Oil



## Benefits

- Well-balanced omega ratio: 7 grams of omega-3, 5 grams of omega-6, and 1 gram of omega-9 per serving
- High in antioxidants for the maintenance of good health\*

## The Flora Advantage

- Certified organic
- Extra-virgin & unrefined
- Cold-pressed in an NSF accredited GMP facility in Peru
- Sustainably sourced
- Gluten-free and non-GMO

## Description

Sustainably sourced and ethically harvested from the Peruvian Amazon rainforest, Flora's Sacha Inchi Oil is a 100% extra-virgin seed oil, cold-pressed from Sacha Inchi (*Plukenetia volubilis*) seeds. Sacha Inchi seeds (also known as "star seeds") have been used for centuries by the indigenous peoples of the Amazon in Peru for their nutritional properties. Flora's Sacha Inchi Oil provides a rich, well-balanced ratio of omega-3, omega-6, and omega-9 polyunsaturated fatty acids and contains 7 g of omega-3 per serving.

With a pleasant, mild, and nutty taste, Sacha Inchi can be enjoyed daily drizzled over salads, in sauces, soups, sandwiches, pasta, juices, and any other cold or hot dish. You can even use Sacha Inchi Oil to cook at low temperatures.

## Available as:

Description Size	Code	UPC
Fresh-Pressed Oil 8.5 oz.	67945	0 61998 67945 6
Culinary Oil 8.5 oz.	62245	0 61998 62245 2

For retailer use only. Not intended for distribution to consumers.

## A Better Omega

Flora's Sacha Inchi Oil is organic, cold-pressed, and unrefined. After pressing, the oil is further protected by enclosing it in an environmentally friendly glass bottle with a nitrogen-flush to maintain optimum freshness, prevent oxidation, and ensure maximum nutritional value.

Completely plant-based and vegan, Flora's Sacha Inchi Oil has a rich nutty flavor with no fishy aftertaste! It's a more earth-friendly way to get your omega fatty acids.

## Sacha Inchi Oil

### Nutrition Facts

Serving Size 1 tbsp. (15 mL)

Amount Per Serving		%Daily Value*
Calories 124	Calories from Fat 124	
<b>Total Fat</b> 14 g		22%
Saturated Fat 1 g		5%
Trans Fat 0 g		
Polyunsaturated Fat 11.5 g		
Monounsaturated Fat 1.5 g		
Cholesterol 0 mg		0%
Sodium 0 mg		0%
Total Carbohydrate 0 g		0%
Protein 0 g		

\* Percent Daily Value based on a 2,000 calorie diet.

### INGREDIENTS:

Organic extra-virgin sachu inchi oil. Nitrogen-flushed to maintain freshness.

### SUGGESTED USE:

You can use Sacha Inchi Oil to cook at low temperatures (<170 °C) for less than 15 minutes, or drizzle over salads, sauces, soups, pasta, juices, and any other cold or hot dish.

Store in a cool, dry place. Security sealed for your protection. Do not use if seal is missing or damaged.

### ESSENTIAL FATTY ACIDS

Omega-3 — 7 g    Omega-6 — 5 g    Omega-9 — 1 g

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.